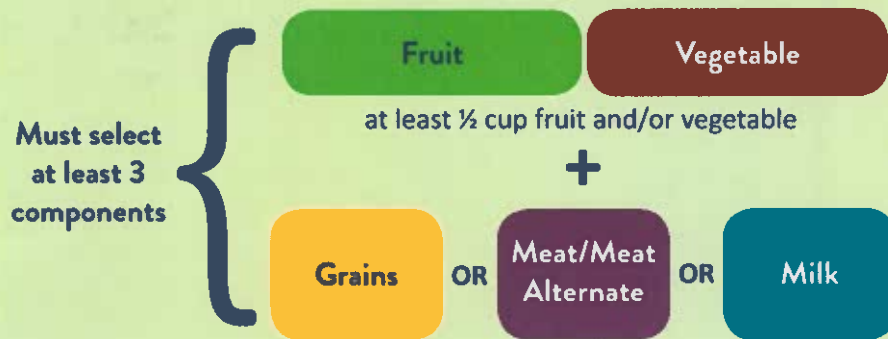


School Lunch Program: Offer vs. Serve Reminder

A lunch with ½ cup fruit and/or vegetable, plus at least 2 other full components, is a reimbursable meal!



A **food component** is one of the required food groups (fruit, vegetable, grains, meat/meat alternate and milk).

A **food item** is a specific food offered. For example, a hamburger patty on a bun is one food item with two of the five food components (meat and grains).

Reminders:

- The planned menu has specific portion size requirements for each grade group (K-5, 6-8, 9-12).
- Communicate with lead staff to understand how the menu items are intended to credit toward the meal pattern. Be aware of the choices or combination of choices the student may select including any minimum or maximum number that may be taken.
- **Grades 9-12:** if a student selects 3 components and 2 of these are a fruit and a vegetable, either the fruit or vegetable must be one cup to be a reimbursable meal. **Grades K-8:** if a student selects ½ cup fruit and ½ cup vegetable plus one other component, it is a reimbursable meal.



The USDA is an equal opportunity provider.

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Flip over for breakfast